





Reuteflor® Sachet

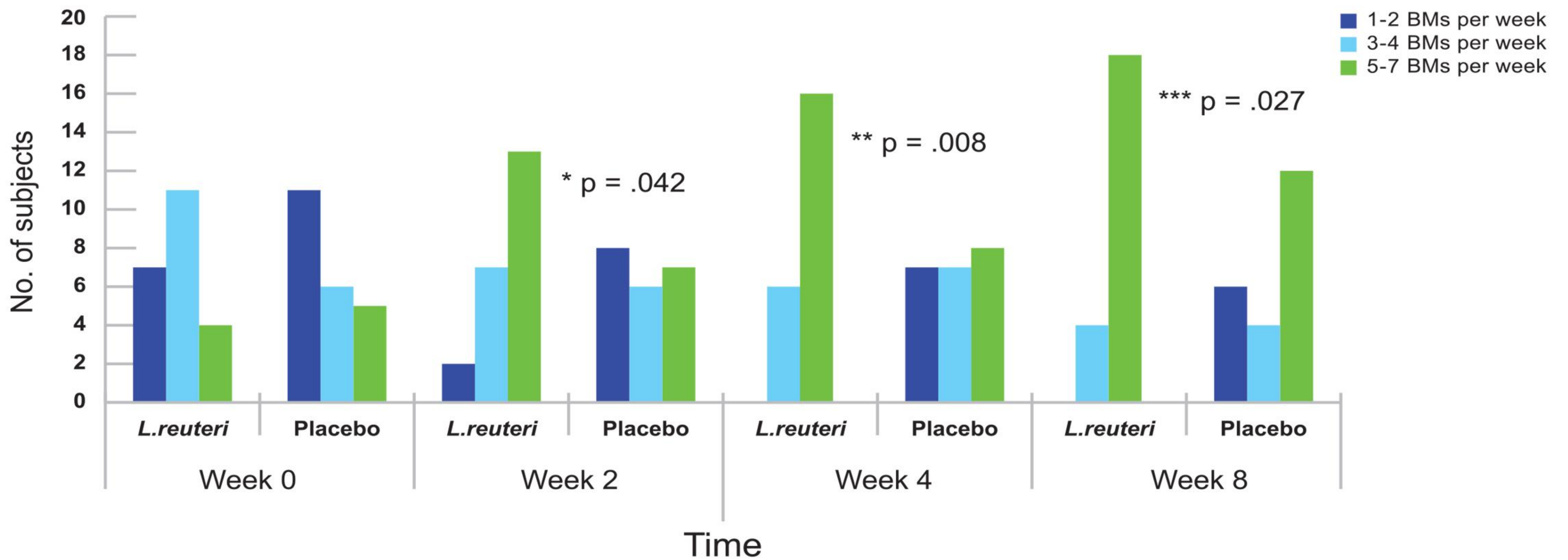
Lyophilized *Lactobacillus reuteri*
8x10⁸ CFU / Sachet

- Functional Constipation
- Functional Abdominal Pain and IBS

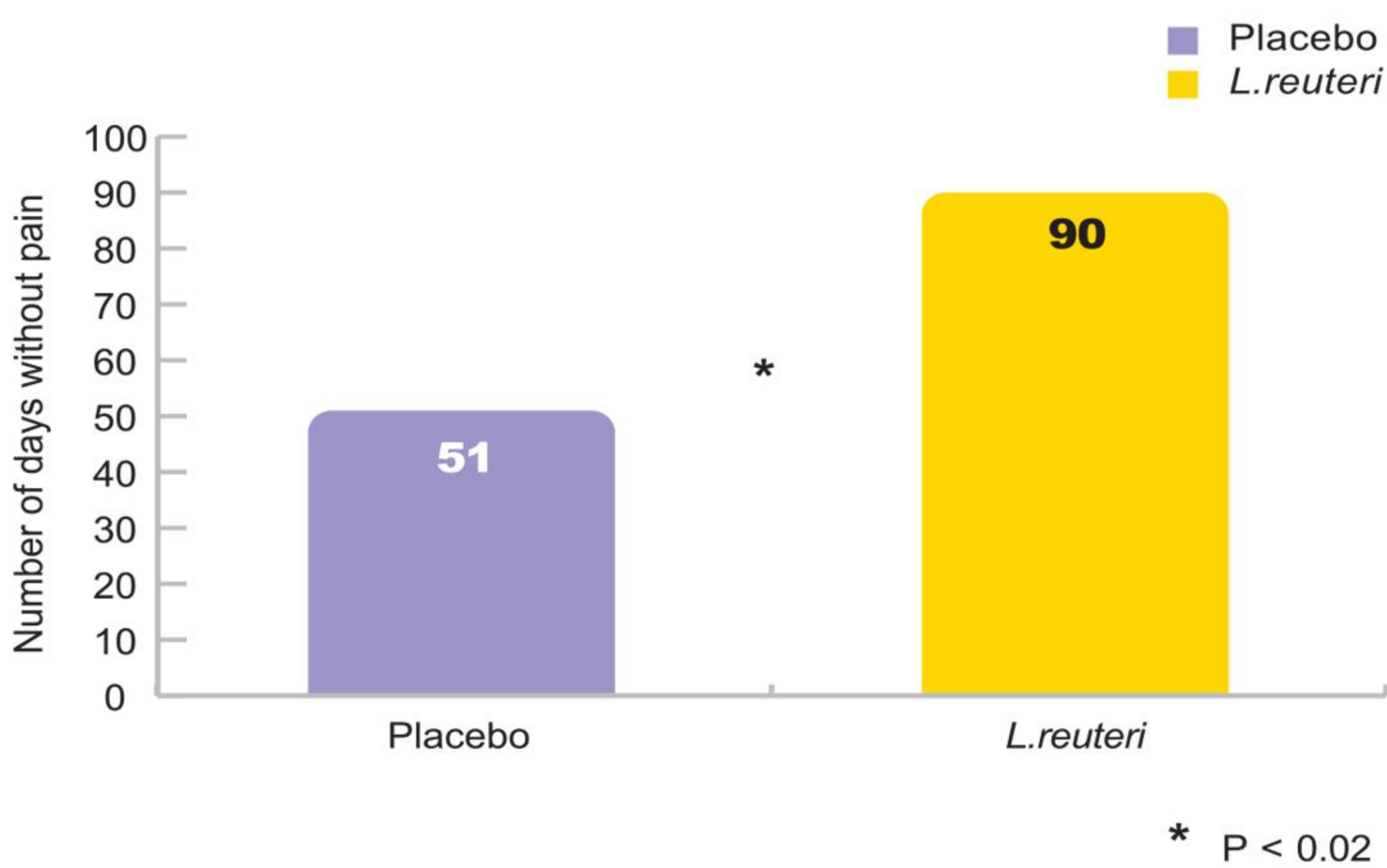
25°C  No Need
to be Refrigerated

| Global Guidelines ¹ | Disorder Action | Probiotic strain | Recommended dose | Evidence level |
|---|--|------------------------------|-----------------------------------|----------------|
|  | Abdominal pain - related functional gastrointestinal disorders | <i>Lactobacillus reuteri</i> | 10 ⁸ CFU/d for 4 weeks | 1 |
| | Functional constipation | <i>Lactobacillus reuteri</i> | 10 ⁸ CFU twice daily | 3 |

Lactobacillus reuteri Regulates Frequency of Bowel Movements (BMs) in Functional Chronic Constipation²



Abdominal Pain Decreased after Adding Lactobacillus reuteri in FAP or IBS Patients³



Long - term Relief in intensity of Abdominal Pain after Adding Lactobacillus reuteri in FAP Patients⁴



Description

Each one Reuteflor[®] sachet (1g) contains 300 mg lyophilized live friendly bacteria, *Lactobacillus reuteri* (8x10⁸ CFU).

Indications

Reuteflor[®] sachet is indicated in children (≥ 2 years) for:

- Chronic functional constipation
- Functional abdominal pain (FAP) and IBS

Dosages and duration of administration

Children above two years of age, use 1-2 sachets in a day. For the best results, it is suggested to be continued for 28 days.

Directions for usage

- Dissolve the content of each sachet into a glass of water, yoghurt or food at room temperature, stir and use immediately after reconstitution (below 30 minutes).
- Do not add Reuteflor[®] sachet to hot drinks or foods or carbonated beverages because this may damage the live friendly bacterial probiotic and reduce the product effectiveness.

Side effects

- No common side effect has been reported for the use of Reuteflor[®] sachet.
- A severe allergic reaction with this product is rare but if you experience itching, swelling, severe dizziness and respiratory problems, consult with your healthcare practitioner immediately.

Interaction with other medications and foods

- No interaction has been reported for the use of Reuteflor[®] sachet but if antibiotics are being used at the same time, take at least 2-3 hours before or after taking antibiotics.
- Reuteflor[®] sachet has no interaction with foods.

Storage condition

Store in a cool and dry place (below 25°C). No need to be refrigerated.

References

1. Probiotics and prebiotics, World Gastroenterology Organization Global Guidelines. February 2017.
2. Paola Coccorullo, et al. Lactobacillus reuteri (DSM 17938) in Infants with Functional Chronic Constipation: A Double-Blind, Randomized, Placebo-Controlled Study. (J Pediatr 2010;157:598-602).
3. Oleg Jadresin et al, Lactobacillus reuteri DSM 17938 in the Treatment of Functional Abdominal Pain in Children: RCT Study. JPGN 2017;64: 925–929.
4. Zvi Weizman et al. Lactobacillus reuteri DSM 17938 for the Management of Functional Abdominal Pain in Childhood: A Randomized, Double-Blind, Placebo-Controlled Trial J Pediatr 2016.